

## ACOMPAÑAMIENTOS

### Pan a la Catalana **V** £2.65

Toasted bread, topped with garlic, fresh tomato and coriander.

### Pan de Barra **NG V** £1.75

Bread served with extra-virgin olive oil and sherry vinegar – for dipping.

### Pan de Ajo **V** £2.60

Garlic bread.

### Pan de Ajo con Queso £3.00

Garlic bread with cheese.

### Pan de Aceitunas y Pan de Tomate **NG V** £2.30

A basket of mixed olive bread and sun-dried tomato bread.

### Aceitunas Mixtas **GF NG V** £2.35

Mixed Spanish olives, with peppers and lemon.



# La Tasca



SPANISH TAPAS RESTAURANT AND BAR



## SELECCIÓN DE TAPAS

Perfect for newcomers to tapas, these set menus feature a selection of some of our most popular dishes. Choose from:

### Selection of Tapas with Fish for two people £19.95

**Calamares** (deep-fried squid rings)

**Ensalada de Espinacas y Aguacate** **GF NG V** (spinach & avocado salad)

**Paella de Pescado** **GF** (paella with squid, prawns and mussels)

**Patatas Bravas** (fried potato, in a spicy tomato sauce)

**Pescado Blanco Frito** (white fish, deep fried in our special beer batter)

**Pescado Blanco con Salsa de Tomate** **GF** (grilled fish, with a tomato & wine sauce)

**Tortilla Española** **GF NG V** (Spanish-style omelette)

### Chef's Selection of Tapas for two people £25.95

**Albóndigas a la Jardinera** (meatballs)

**Berenjenas Gratinadas** (aubergine, topped with cheese and tomato)

**Costillas de Cerdo** (pork spare ribs)

**Ensalada de Espinacas y Aguacate** **GF NG V** (spinach & avocado salad)

**Gambas Gabardina** (king prawns, deep fried in our special beer batter)

**Paella Valenciana** **GF** (with chicken and mixed seafood)

**Patatas Bravas** (fried potato, in a spicy tomato sauce)

**Pollo al Ajillo** (chicken in white wine and garlic)

### Selection of Tapas with Meat for two people £19.95

**Alitas de Pollo** **GF** (chicken wings)

**Champiñones al Ajillo** **GF V** (garlic mushrooms)

**Chorizo Frito al Vino** (spicy Spanish sausage)

**Paella de Chorizo** (paella with spicy Spanish sausage)

**Albóndigas a la Jardinera** (meatballs)

**Patatas Bravas** (fried potato, in a spicy tomato sauce)

**Tortilla Española** **GF NG V** (Spanish-style omelette)

## MARISCOS SEAFOOD

### Calamares Andaluza £3.75

Deep-fried rings of squid, served with roasted garlic mayonnaise and lemon.

### Pescado Blanco con Salsa de Tomate **GF** £4.25

Grilled white fish, topped with a tomato, white wine & basil sauce.

### Pescado Blanco Frito £4.40

White fish, deep fried in our special beer batter, served with roasted garlic mayonnaise and lemon.

### Paella de Pescado **GF** £3.75

Paella with squid, prawns and mussels, served with lemon.

### Langostinos a la Plancha **GF NG** £4.40

Grilled tiger prawns, served with lemon and sea salt.

### Croquetas de Bacalao £3.75

Salt cod croquettes, served with roasted garlic mayonnaise and lemon.

### Fritura Mixta de Pescado £4.45

Deep-fried squid, tuna, whitebait and king prawns, served with lemon, sea salt and roasted garlic mayonnaise.

### Gambas Gabardina £4.40

King prawns, deep fried in our special beer batter, served with roasted garlic mayonnaise.

### Rape a la Naranja **GF** £4.80

Monkfish marinated in white wine, orange, garlic and coriander.

### Mejillones **GF** £3.75

Mussels in a tomato & garlic sauce.

### Gambas Pil Pil **GF** £4.25

King prawns, sizzling in olive oil, fresh garlic and hot Spanish guindilla peppers.

## POLLO CHICKEN

### Paella Valenciana **GF** £3.75

Paella with mixed seafood and chicken.

### Alitas de Pollo **GF** £3.60

Chicken wings, marinated in garlic and paprika.

### Croquetas de Pollo £3.75

Chicken croquettes, served with roasted garlic mayonnaise.

### Pollo al Ajillo £3.75

Chicken breast, cooked in white wine and garlic.

### Pinchos de Pollo **GF** £3.85

Skewers of chicken breast and red pepper, marinated in paprika.



## TAPAS MENU



Tapas are great to share. Between three and four dishes per person is about right, but (should you order too little) you can order more – whenever you like!



## CARNE MEAT

### Buey £4.95

Rib-eye steak, sautéed and served with fried potato and your choice of:

**Salsa de Jerez** A mushroom & sherry sauce;

**Salsa de Queso Azul** **NG** A blue cheese sauce; **Páprika** **GF** A paprika rub

### Albóndigas a la Jardinera £4.25

Our Spanish-style beef meatballs, served in a vegetable & tomato sauce.

### Paella de Chorizo £3.75

Our paella, with spicy Spanish sausage.

### Chorizo Frito al Vino £3.95

The spicy Spanish sausage, sautéed in red wine.

### Cordero en Salsa £4.00

Casserole of tender lamb, with wine, potato, mustard and peppercorns.

### Costillas de Cerdo £4.05

Pork spare ribs, served in a tangy sauce.

## DELICATESSEN

### Jamón Serrano **GF NG** £3.85

The famous Spanish cured serrano ham.

### Selección de Embutidos £3.85

A selection of cured Spanish meats.

### Boquerones en Vinagre **GF** £3.70

White anchovies (not the salty type!), with olive oil.

### Queso Manchego **GF NG** £3.85

Spanish Manchego cheese, served with olive oil and tomato.

## PAELLAS

All paellas are for a minimum of two people and are cooked to order, so may take up to 45 minutes (so plenty of time for some tapas!)

### Paella de Verduras **V** per person £8.75

A vegetarian paella, with a selection of vegetables.

### Paella de Carne per person £9.75

A meat paella, with chicken and spicy Spanish sausage.

### Paella Valenciana per person £9.75

A Valencian-style paella, with mixed seafood and chicken.

### Paella de Marisco per person £9.95

A seafood paella, with prawns, squid, mussels, white fish and tuna.

### Paella Jerezana per person £9.95

José Luis, our 'chef of the year', has developed this amazing recipe – paella with chorizo, squid, spinach, hot green chilli peppers, garlic, tomato and herbs.

## VERDURAS VEGETABLES

### Patatas a la Pobre **GF** regular £2.75 large £3.75

Fried potato, with onion and red and green peppers.

### Patatas Bravas regular £2.75 large £3.75

Fried potato, topped with a spicy tomato sauce.

### Patatas Bravas con Queso regular £3.15 large £4.15

Fried potato, with melted cheese, topped with a spicy tomato sauce.

### Paella de Verduras **GF V** £3.55

Vegetarian paella, with a selection of vegetables.

### Tortilla Española **GF NG V** £3.35

A Spanish-style potato & onion omelette, made with free-range eggs.

### Berenjenas Gratinadas £3.30

Fresh aubergine, topped with cheese and tomato.

### Croquetas de Champiñones £3.75

Mushroom croquettes, served with roasted garlic mayonnaise.

### Champiñones al Ajillo **GF V** £3.25

Mushrooms, lightly sautéed in garlic and olive oil.

### Arroz con Verduras y Queso £3.75

A rich dish made with rice, cheese, spinach, broccoli, beans and mint.

## ENSALADAS SALADS

### Ensalada de Verano **GF NG V** £3.35

Summer salad – fresh baby spinach, with chick peas, pimento peppers and tomato, sprinkled with chopped coriander, served with our house dressing.

### Ensalada de Espinacas y Aguacate **GF NG V** £3.45

Fresh baby spinach, with avocado, cucumber and onion, with our house dressing.

### Ensalada de Tomate y Queso de Cabra **GF NG** £3.65

Fresh tomato and crumbled goat's cheese, with our house dressing.

### Ensalada Mixta **GF NG** £3.65

Leaf salad with tomato, tuna, onion and free-range egg wedges, with our house dressing.

### Ensalada de Pollo Ahumado y Naranja **GF NG** £3.60

Smoked chicken breast with rocket, cherry tomatoes and orange, with our house dressing.

**GF** This dish is gluten-free, but please note that we do not operate a dedicated gluten-free kitchen area.

We love garlic! We do appreciate, though, that you sometimes might need to give it a miss.

**NG** This dish does not contain garlic.

**V** This dish is suitable for vegetarians, but please note that we do not operate a dedicated vegetarian kitchen area.