

JUICES

Green Energy
2.95
apple, cucumber, kale,
lemon, romaine, spinach

Reviive
2.95
pineapple, ginger, carrot,
lemon, turmeric

Mighty Detox
2.95
pineapple, ginger,
apple, celery, cucumber
(9)

Red Power
2.95
beet, carrot, ginger,
lemon

COFFEE

GO LARGE EXTRA 0.50
Barista Served Award Winning Coffee

Americano	1.90	Mocha (7)	2.75
Cappuccino (7)	2.50	Hot Chocolate (7)	2.75
Latte (7)	2.50	Breakfast Tea	1.50
Flat White (7)	2.25	Speciality Tea	1.90
Double Espresso	2.00		

FROZEN YOGURT

Non-Fat Froyo 3.50

non-fat frozen yogurt with your choice of two toppings
additional toppings 0.75 each

 Almonds	 Cinnamon	 Dried Cranberries
 Chocolate Chips	 Green Apples	 Honey
 Mango	 Strawberries	 Walnuts

SMOOTHIES

Banana Nut Crunch
3.95
banana, walnuts, almond,
low-fat frozen yogurt
(7 / 8 - Almonds - Walnuts)

Recoverii
3.95
coconut milk, banana,
pineapple, mango, honey,
turmeric (12)

Freshii Green
3.95
kale, spinach, pineapple,
avocado, low-fat frozen
yogurt (7)

Strawberry Banana
3.95
strawberries, banana,
low-fat frozen yogurt (7)

add whey protein for 1.00



BREAKFAST

Grilled Breakfast Burritos
Ranchero (1 - Wheat / 3 / 7) 5.95

scrambled egg, avocado, aged cheddar, black
beans, coriander, salsa fresca

Beef, Egg & Cheese (1 - Wheat / 3 / 7) 6.95
scrambled egg, beef, aged cheddar, tomatoes

Grilled Egg Pockets

Bacon, Egg & Cheese (1 - Wheat / 3 / 7) 2.95
scrambled egg, bacon, aged cheddar, tomatoes

Spinach, Mushroom & Cheese (1 - Wheat / 3 / 7) 2.95
scrambled egg, goat cheese, spinach,
roasted red peppers, mushrooms

Breakfast Bowls

Huevos (3 / 7 / 10) 6.45
scrambled egg & kale, avocado, aged cheddar,
black beans, salsa fresca, fiery bbq sauce

Green Eggs & Kale (3 / 7 / 8 - Almond Nuts / 12) 5.95
scrambled egg & kale, feta cheese, cherry
tomatoes, broccoli, red pepper bell sauce

Cali Smoothie Bowl (1 - Oats - Barley - Rye / 7 / 12) 7.95
freshii green smoothie, banana, mango,
strawberries, granola, coconut

Essentials

Greek Yogurt Parfait (1 - Oats - Barley - Rye / 7 / 12) 4.95
greek yogurt, honey, granola, fresh fruit

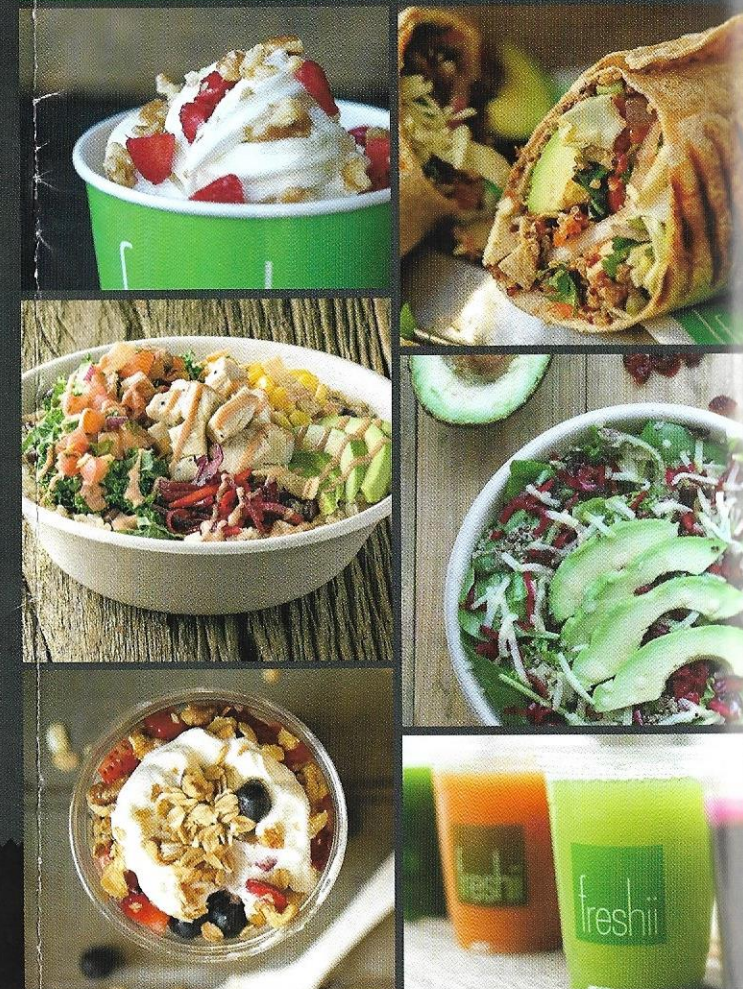
Energii Bites (1 - Oats / 5 - Peanuts / 6 / 12) 1.75
peanut butter, honey, oats, coconut, chocolate chips

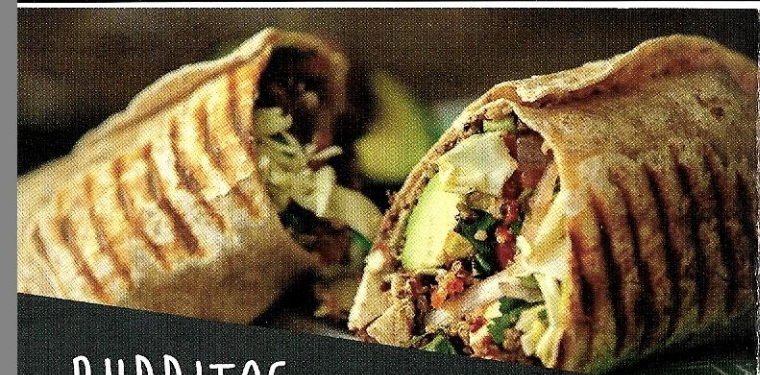
Cocoa Bites (1 - Oats / 5 - Peanuts / 6 / 8 - Walnuts / 12) 1.75
peanut butter, cocoa, coconut, walnuts,
chocolate chips, honey, oats

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EAT. ENERGIZE.





BURRITOS

Make Kale or Quinoa a base for 1.00

Baja 4.95

quinoa, romaine, avocado, cabbage, green onion, corn, salsa fresca, cilantro lime vinaigrette

(1 - Wheat / 10 / 12)

Smokehouse 4.95

brown rice, black beans, red onions, tomatoes, corn, aged cheddar, spicy yogurt sauce

(1 - Wheat / 7 / 10)

SOUPS

Make Kale or Quinoa a base for 1.00

Superfood 3.95

vegetable broth, quinoa, kale, broccoli, carrots, cabbage, red onion, celery, bean spice mix

(9)

Spicy Lemongrass 3.95

spicy chicken & lemongrass broth, rice noodles, cabbage, carrots, tomatoes, mushrooms

(1 - Wheat / 6 / 9 / 11)

Khao San 4.95

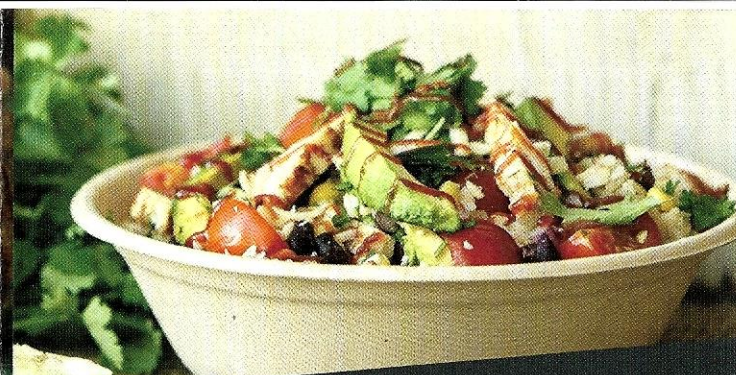
brown rice, spinach, mushrooms, cabbage, carrots, almonds, edamame beans, peanut sauce, spicy lemongrass sauce

(1 - Wheat / 5 - Peanuts / 6 / 8 - Almond Nut / 12)

Tex Mex 4.95

brown rice, black beans, avocado, aged cheddar, corn, salsa fresca, greek yogurt ranch

(1 - Wheat / 7)



BOWLS

Make Kale or Quinoa a base for 1.00

Buddha's Satay 5.95

rice noodles, crispy lentils, carrots, broccoli, cabbage, green onions, peanut sauce

(5 - Peanuts / 12)

Pangoa 6.95

brown rice, avocado, black beans, aged cheddar, corn, cherry tomatoes, coriander, lime wedge, fiery bbq sauce

(7 / 10)

Mediterranean 7.95

half quinoa and half salad greens, kalamata olives, red onions, feta cheese, cucumbers, roasted red peppers, tomatoes, coriander, almonds, red pepper sauce

(7 / 8 - Almonds / 12)

Teriyaki Twist 5.95

brown rice, broccoli, carrots, edamame, cucumber, green onions, sesame seeds, crispy lentils, teriyaki sauce

(1 - Wheat / 6 / 11)

Pokii 6.45

brown rice, kale, pickled ginger, cabbage, edamame, avocado, carrots, cucumber, green onion, sesame seeds, asian sesame dressing, spicy yogurt sauce

(1 - Wheat / 6 / 7 / 10 / 11 / 12)

Oaxaca 6.95

brown rice, black beans, shredded kale, beet slaw, corn, crispy lentils, avocado, salsa fresca, spicy yogurt sauce

(7 / 10 / 12)

Allergens

1. Gluten / 2. Crustaceans / 3. Eggs / 4. Fish / 5. Peanuts / 6. Soybeans / 7. Milk / 8. Nuts / 9. Celery / 10. Mustard / 11. Sesame / 12. Sulphites / 13. Lupin / 14. Molluscs



SALADS & WRAPS

Make Kale or Quinoa a base for 1.00

Buffalo

Salad 5.95 / Wrap 4.95

romaine, celery, carrots, cherry tomatoes, blue cheese, hot sauce, greek yogurt ranch

Salad: (7 / 9)

Wrap: (1 - Wheat / 7 / 9)

Fiesta

Salad 5.95 / Wrap 4.95

field greens, black beans, avocado, aged cheddar, corn, salsa fresca, cilantro lime vinaigrette

Salad: (7 / 10 / 12)

Wrap: (1 - Wheat / 7 / 10 / 12)

Metaboost

Salad 4.95 / Wrap 3.95

field greens and spinach, kale, mangos, carrots, edamame, almonds, goat cheese, balsamic vinaigrette

Salad: (6 / 7 / 8 - Almonds / 10 / 12)

Wrap: (1 - Wheat / 6 / 7 / 8 - Almonds / 10 / 12)

Cobb

Salad 6.95 / Wrap 5.95

field greens, romaine, tomatoes, corn, bacon, blue cheese, avocado, boiled egg, honey dijon dressing

Salad: (7 / 10 / 12)

Wrap: (1 - Wheat / 7 / 10 / 12)

Market

Salad 6.95 / Wrap 5.95

field greens, spinach, quinoa, avocado, beet slaw, apple, carrots, cranberries, feta cheese, honey dijon dressing

Salad: (7 / 10 / 12)

Wrap: (1 - Wheat / 7 / 10 / 12)

Zen

Salad 4.95 / Wrap 3.95

spinach, romaine, cabbage, carrots, edamame beans, crispy lentils, mango, broccoli, sesame seeds, asian sesame dressing

Salad: (1 - Wheat / 6 / 11 / 12)

Wrap: (1 - Wheat / 6 / 11 / 12)

ADD ANY MEAT OR PROTEIN



Beef
2.00



Chicken
1.00



Tuna
1.00



Falafel
1.00



Tofu
1.00